What's cooking at Kirby

	0-5	6/11		Monday	Tuesday	Wednesday	Thursday	Friday
	Months	Months		1/27	1/28	1/29	1/30	1/31
FAST	4-6oz	6-8oz	Milk	Breast Milk or Formula				
BREAKFAST	-	0-2tbs	Fruit/Vegetable	Apple	Pears	Bananas	Peaches	Pears
	-	0-4oz	Grain/meat	Infant Cereal				
LUNCH	4-6oz	6-8oz	Milk	Breast Milk or Formula				
	-	0-2tbs	Fruit/Vegetable	Carrots/Peaches	Green Bean/bananas	Squash Applesauce	Peas/pears	Sweet Potatoes Applesauce
	-	0-4oz	Grain/meat	Ground Turkey	Veggie Nuggets	Ground Beef	Fish Sticks	Sliced Hot Dog
SNACK	4-6oz	2-4 oz	Milk	Breast Milk or Formula				
	-	0-2 tbs	Fruit/Vegetable	Bananas	Peaches	Pears 💍	Applesauce	Bananas
	-	0-4 oz	Grain/meat	Cheerios/kix	Cheerios/kix	Crackers	Cheerios/Kix	Cheerios/Kix
	For cereal we offer: Whole Grain Cheerios and Kix					40		
	Fruits for this week can include : Bananas, Oranges, Apples, Pears, Watermelons, Strawberries, Peaches, Nectarines. These and other fruits are served on a seasonal basis as well as canned fruit packed in juice.						the	
	Fun Food Fact: Carbohydrates are the body's main source of energy and are a key fuel source for exercise and sport						No.	
	The food served on	this menu meets a	ll current requirment					