What's cooking at Kirby

Fall

	0-5 Months	6/11 Months		Monday 11/9	Tuesday 11/10	Wednesday 11/11	Thursday 11/12	Friday 11/13
BREAKFAST	4-6oz	6-8oz	Milk 	Breast Milk or Formula	Breast Milk or Formula	Breast Milk or Formula	Breast Milk or Formula	Breast Milk or Formula
	-	0-2tbs	Fruit/Vegetable	Apple	Pears	Bananas	Peaches	Pears
	-	0-4oz	Grain/meat	Infant Cereal	Infant Cereal	Infant Cereal	Infant Cereal	Infant Cereal
LUNCH	4-6oz	6-8oz	Milk	Breast Milk or Formula	Breast Milk or Formula	Breast Milk or Formula	Breast Milk or Formula	Breast Milk or Formula
	-	0-2tbs	Fruit/Vegetable	Carrots/Peaches	Green Bean/bananas	Carrots Applesauce	Peas/pears	Green Bean Applesauce
	-	0-4oz	Grain/meat	Chopped Chicken	Ground Beef	Turkey Meatball	Sliced Ham	Chopped Hamburger
SNACK	4-6oz	2-4 oz	Milk	Breast Milk or Formula	Breast Milk or Formula	Breast Milk or Formula	Breast Milk or Formula	Breast Milk or Formula
	-	0-2 tbs	Fruit/Vegetable	Bananas	Peaches	Pears 	Applesauce	Bananas
	-	0-4 oz	Grain/meat	Cheerios/kix	Cheerios/kix	Crackers	Cheerios/Kix	Cheerios/Kix
	For cereal we offer: Whole Grain Cheerios and Kix							
	Fruits for this week can include : Bananas, Oranges, Apples, Pears, Watermelons, Strawberries, Peaches, Nectarines. These and other fruits are served on a seasonal basis as well as canned fruit packed in juice.							
	Please note menu is subject to change Recently, many products have become difficult to obtain or are even unavailable. If we cannot get a scheduled product, we will do our very best to replace it with a similar product. Thank you.							
	The food served on this menu meets all current requirments of the N.J. Department of Agriculture							